



Bully Prevention and Positive Behavior Support

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Why important



- Significant impact on victims, bullies, and bystanders
- Increases awareness and provides tools for students, parents, and staff in all settings
- Adults need to empower children to say something to adults

Bullying Defined



- Repeated Physical or verbal aggression-we need to teach children the difference between true bullying and teasing
- Power differential
- Intentional
- Emotional bullying is the most prevalent type of bullying, with pushing/shoving/tripping/spitting being second.

Our Goal at Young

- To empower the Victims
- To empower the bystanders to become upstanders
- To make it clear that bullying will not be tolerated at Young Elementary at any level
- To develop strong Young citizens that will become strong citizens in their world! (Increase overall empathy in Young Students)

Programs at Young

- Positive Behavioral Interventions and Supports (PBIS)
 - Respect self, Respect others and Respect property
- Consistent schoolwide behavioral expectations (Champs)
 - Volume levels across the school
 - Signing the Principal's book for awesome behavior, earning extra recess, earning extra gym

Your Role is Crucial

- Adult needs to reinforce the importance of a child standing up for themselves and/or getting help (empowering child)

Our Role as Teachers

- Bugs and Brag box or teacher mailbox in classrooms to allow the children to have a voice- can put an anonymous note in to alert the teacher to the situation
- Weekly classroom meetings
- Reinforcing the children that they can stand up for themselves

Your Role as Parents:

- Make sure your child feels that they can come to you with ANY problems
- Listen! Reassure your child that you will alert the appropriate adults to help.
- Encourage your child to be an upstander, and to report bully issues they see at school, even if they are not the target
- Encourage empathy in your child

Parent Role Continued:

- Model expected behaviors of being responsible and respectful in your lives
- Contact your child's teacher, Dr. Bell, and/or Ms. Morgan
- Hotline available: <http://ipsd.org/tips.aspx>.

Resources:

- 1. www.pbis.org
- 2. www.stopbullyingnow.com
- 3. www.ed.gov
- 4. Batsche, G. M., & Knoff, H. M. (1994). Bullies and their victims: Understanding a pervasive problem in the schools.
- 5. School Psych. Review, 23(2),165-174.EJ 490 574.
- 6. www.nasponline.org
- 7. www.interventioncentral.org
- 8. www.parenting-ed.org
- 9. Just Kidding by T. Ludwig – intermediate grades-resource guide in back.
- 10. http://www.educationworld.com/a_curr/shore/shore065.shtml